

Updated: 01/09/23

Review: 31/08/24



## ILLNESS, SUN SAFE & TOY POLICY

An increasing number of children attending Rainbow Nursery School have compromised immunities and / or allergies and whilst normal seasonal illnesses pass through most families, for some of our children it has quite a serious, sometimes life threatening, impact. So that everyone can have the best possible nursery experience we respectfully ask that everyone be considerate of the impact on not just the children and their families, but also our staff.

Children requiring Calpol to reduce a fever, could be masking more sinister symptoms. If they are running a temperature, or have been unwell in the night, please seek advice from NHS 111 as further investigation may be required. **Children need at least 24 hours recuperation at home.** Only well children will be admitted to Nursery. Children with red weepy eyes, thick discoloured discharge or a persistent cough will have to remain at home until clear. Please inform the nursery directly of any illness.

**Diarrhoea and vomiting** - This is the scourge of a nursery environment, not to mention Mrs Wilkins' nemesis, and rips through it at lightning speed if not stopped in its tracks. Given that this is an 'all year round' illness please keep your child at home for **48 hours following the last bout** of either, even if they seem well in themselves. This is highly contagious, to staff and other children, and may result in a nursery closure to all. Please inform Mrs Wilkins directly, via WhatsApp, at the earliest convenience so that we can be proactive and deep clean the setting. We are required to notify Public Health England if we have 3 or more cases.

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**Chicken Pox** - Children can return to nursery once the blisters have scabbed.

**Hand, Foot & Mouth** - whilst GP's say that children can come to Nursery, please speak with Mrs Wilkins in the first instance.

**Impetigo** - Please speak to Mrs Wilkins before attending nursery.

In the event of illness or an accident at school, parents will be contacted immediately and asked to collect their child. In urgent cases, if we are unable to contact the parent, we will seek emergency help immediately as per our permission form.

We do not administer unprescribed medication to children except in exceptional cases in line with our *Managing Medicines Policy*, and after discussion with Mrs Wilkins. In these circumstances, you will be asked to complete and sign a medicine administration form.

**It is essential that up-to-date contact details for all parents/carers be given to the school.**

## SUN SAFE

Ideally, sunscreen should be applied to your children, by you, **before** coming to school. Staff cannot apply sunscreen at the start of the day. Children attending for a **full day** can have sunscreen reapplied after lunch club, if parents wish, before returning to outdoor play. A reputable generic sunscreen will be provided for general use, suitable for most children, and providing a high level of protection. Permission regarding sunscreen will be obtained at Registration and recorded on the child's form.

Whilst Rainbow is committed to 'sun safe play' by providing shaded areas and not spending extended periods outside during the hottest part of the day, the children are encouraged to spend as much time as possible outside where it is safe to do so. Extra water breaks will also be encouraged in order to stay hydrated.

A named sun hat will be allocated to your child and will remain in the nursery for them at all times.

Smocks are worn as our Rainbow identity and as such cover most of their skin. In extreme temperatures the children just wear their under garments underneath them with lots of water themed activities to keep cool. However, please always ensure your child has appropriate clothing,

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including suitable footwear, befitting of the season. Children should wear clothing that covers their shoulders and toes should be enclosed. Crocs, whilst very practical, can be a trip hazard particularly on uneven surfaces and our tarmac areas are very unforgiving!

## TOYS

Please discourage the children from bringing in any personal items from home unless it is for our designated 'show & tell' sessions. Please ensure items are named and that they are not unique, vintage or family heirlooms. A photo of the special item is just as powerful!